



# DR JOHN PRP

Orthopaedic Platelet Rich Plasma

DR JOHN THORSELL ITRIAGO

Patient Name: .....

DOB: .....

Phone: .....

Address: .....

## CLINICAL DETAILS / PROCEDURE REQUEST

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Referring Practitioner: .....

Address: .....

Date: .....

 02 8231 6529

 [www.drjohnprp.com](http://www.drjohnprp.com)

[reception@drjohnprp.com](mailto:reception@drjohnprp.com)

# WHAT YOU NEED TO KNOW

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## ONE Week BEFORE your appointment

If you are taking blood thinners, please discuss with your prescribing doctor whether it is suitable to stop taking them.

IF APPROVED by your doctor, stop taking blood thinners 7 days BEFORE your appointment.

Blood thinners include: Aspirin, Clopidogrel, Pias Plus Aspirin,  
Prasugrel, Plidogrel, Plavix, Warfarin

Stop taking anti-inflammatory medication 3 days BEFORE your appointment

Anti-inflammatories (NSAIDs) include: Ibuprofen, Advil, Nurofen, Brufen,  
Voltaren, Diclofenac, Mobic, Meloxicam,  
Maxigesic, Nuromol, Celecoxib, Celebrex

## ON THE DAY of your appointment

- Make sure you are well hydrated. Please drink at least one litre of water prior to your appointment.

- 30 minutes before your appointment please take 2 Panadols if you are not allergic.

- Please bring this referral note with you

- Please bring all relevant images and reports to your appointment

Your first appointment will take approximately 45 minutes. You may require someone to drive you home.

Subsequent treatments will take approx. 20 minutes

PLEASE NOTE: There is NO MEDICARE rebate for this treatment.  
Fees are 100% out of pocket.



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